

# LUNCH PLATTERS

SERVES 8

## Turkey Avocado Sandwiches

Turkey breast, avocado, tomato, mixed greens, smoked paprika honey aioli \$55

## Grilled Chicken Wraps

Grilled chicken, pickled onion, carrots and cucumbers with mixed greens, miso aioli \$55

## Chicken Pesto Sandwiches (HOT)

Grilled chicken, nut-free pesto, mozzarella, sun-dried tomatoes, balsamic vinaigrette \$65

## Harvest Bowl

Kale and spinach with roasted sweet potato, avocado, red bell pepper, cucumber, balsamic vinaigrette \$55

## Seasonal Fruit Platter \$37

## Mediterranean Hummus Platter \$42

# TO PLACE ORDER

Email [ferncatering@beansprouts.com](mailto:ferncatering@beansprouts.com)

Please let us know of any special dietary needs.



# CATERING MENU

SMALL DAYTIME EVENTS & MEETINGS

## BOX LUNCHES

INCLUDES CHIPS, FRESHLY-BAKED COOKIE, & WATER

## Turkey Avocado Sandwich

Roast turkey, avocado, mixed greens, smoked paprika honey aioli \$18

## Kale Caesar Salad

Kale, grilled chicken, parmesan crisps, shredded parmesan, Caesar dressing \$18

## Grilled Chicken Wrap

Grilled chicken, pickled onion, carrots and cucumbers with mixed greens, miso aioli \$17

## Chicken Pesto Sandwich (HOT)

Grilled chicken, nut free pesto, mozzarella, sun dried and fresh tomatoes, balsamic \$18

## Harvest Bowl

Kale and spinach with roasted sweet potato, avocado, red bell pepper, cucumber and balsamic vinaigrette \$17

# PIZZAS

8 SLICES

Cheese \$21

Pepperoni \$22

## BREAKFAST PLATTERS

SERVES 8

## Morning Muffins

Mix of lemon curd and double chocolate muffins \$24

## Breakfast Sandwiches

Egg and cheese \$50

Turkey, egg, and spinach \$55

## Seasonal Fruit Platter \$36

## DRINKS & TREATS

### Individual

Bottled water \$3.25

Sparkling water \$3.25

Natural soda \$3.95

### Pitcher/Carafe

Organic hot coffee \$32

Organic hot or iced tea \$15

Classic lemonade \$18

Chocolate Chip Cookies \$24/dozen

Chocolate Brownies \$26/dozen